

Kent Health Visiting

Here for the whole family, from pregnancy to starting school.

Visits you can expect from your local team.



Antenatal

Prepare for your baby's arrival and ask us any questions you have.



New birth

A home visit to explore how you are feeling physically and emotionally, and discuss your baby's health and wellbeing.



Six to eight-weeks

A chance to discuss your baby's routines and development and explore your health and wellbeing needs.



Nine to 12 months

A chance to see how your baby is developing, and if they need any additional support to reach their full potential.



Two to two-and-a-half-years

A chance to see how your child is developing and if they need any support before starting nursery or school.



**For more information and support,
get in touch with your health visiting team.**

Visit family.kentcht.nhs.uk or text 07312 263368 for Let's Chat 0-5 advice and support. Email healthvisitingappointments@nhs.net to change or amend an appointment.